



Ridges and Ribs Socks

Fingering weight yarn and needles to give 9 stitches/inch
Sized to fit a man's Small or woman's Medium

(All stitches are slipped purl-wise unless otherwise noted, but always with yarn on wrong side.)

Cast on 72 stitches, join, (24-24-24) not twisting, etc.

Set up round (work once) * K3, P2, K1, P2 * repeat around

Commence pattern, 8-stitch/4-round repeat.

R1: * K3, P2, K1 wrapping stitch twice, P2 *

R2: * K3, P2, slip 1 knit-wise dropping extra wrap, P2 *

R3: * K3, P2, slip 1 knit-wise, P2 *

R4: Same as R3

Repeat the four pattern rows a total of 22 times, approx 7 inches (or to desired cuff length, ending with R4)

Divide for heel flap: K1 from needle 1 onto needle 3. (Instep begins and ends with 2 K stitches) Bring yarn to front, slip 1, bring yarn back, return stitch. The first instep stitch is wrapped. Turn and set up heel flap (Centre portion is EOP, with ridges on each side):

P1, K2, P1 wrapping stitch twice, K2, P17, P2tog, P8, K2, P1 wrapping twice, K2, P1 (38 stitches.)

Bring yarn to back, slip 1, yarn front, return stitch (instep stitch wrapped.) Turn, RS facing.

Heel flap (repeat the following 4 rows 9 times – 36 rows total):

R1: Sl 1, P2, slip 1 knit-wise dropping extra wrap, P2, (slip 1, K1) 13 times, P2, slip 1 knit-wise dropping extra wrap, P2, K1.

R2: Sl 1, K2, slip one purl-wise, K2, P26, K2, slip one purl-wise, K2, P1.

R3: Sl 1, P2, slip 1 knit-wise, return stitch to left needle and slip it knit-wise again, P2, (K1, slip 1) 13 times, P2, slip 1 knit-wise, return stitch to left needle and slip it knit-wise again, P2, K1.

R4: Sl 1, K2, P1 wrapping stitch twice, K2, P26, K2, P1 wrapping twice, K2, P1.

NB: On last repeat, wrap the purl stitch only once, NOT TWICE.

Turn heel (Round heel):

Sl 1, K20, SSK, K1, turn.

Sl 1, P5, P2tog, P1, turn.

Sl 1, K6, SSK, K1, turn.

Sl 1, P7, P2tog, P1, turn.

Continue working one more stitch before decreasing across gap until all stitches are worked – 22 stitches remain.

Sl 1, K across.

Pick up one stitch in each slipped stitch along heel flap (18 stitches).

Using a fresh needle, work across instep, picking up the wrap on the two outermost stitches and working ridges and ribs as set, starting with R1 of pattern.

Using another needle, pick up one stitch in each slipped stitch along heel flap (19 stitches) Yes, one extra on the second side of the flap. K 11 to middle of heel/beginning of round.

Knit to the last three stitches on needle one, K2tog, K1. On the instep needle, knit in pattern. On needle three, K 1, SSK, knit to end. Alternate knitting plain rounds and decrease rounds until you are back at 72 stitches.

Knit foot until approximately 2 inches short of desired length, ending on row 4. Discontinue instep pattern, distribute stitches 18-36-18 and commence toe decreases..

Decrease Rnd: Needle 1, knit to last three stitches, K2tog, K1. Needle 2, K1, SSK, knit to last three stitches, K2tog, K1. Needle 3, K1, SSK, knit to end.

Knit three rounds plain.

*Knit one decrease round, knit two rounds plain * Repeat between asterisks two times.

Knit one decrease round, knit one round plain Repeat between asterisks three times.

Knit only decrease rounds until 16 stitches remain. Graft toe and make second sock.

