

Tidepool Socks

Designed by Mary-Heather Cogar



A simple yet charming stitch pattern worked in a vibrant handpainted sock yarn was used as the starting point for cuff-down socks with multiple pattern options.

Choose between picot and ribbed cuffs and two different lengths to mix and match the perfect basic sock.

These socks are worked from the cuff down, with a heel flap that continues the overall pattern. The versatile stitch looks great in solids, delicate handpaints, and multi-colored yarns.



Finished Measurements:

6.75"(7.5") Circumference

Materials:

175 - 300 yards fingering weight sock yarn; set of 4 DPN US size 1 (2.25 mm) knitting needles; scrap yarn or small stitch holder (or extra size 1 DPN); tapestry needle

Gauge:

32 st/44 r = 4"/10 cm in st st worked in the round

Pictured:

Turquoise sample socks were knit in the M/L size using 1 hank of Fleece Artist Sea Wool (300 yards were used); pattern instructions for the picot cuff and longer length were chosen. Green/Purple sample socks were knit in the S/M size using 1 hank of Koigu Painter's Palette Premium Merino (note: entire 175-yard skein was used to knit S/M size - if using a larger size or different pattern options, please buy an extra hank); pattern instructions for the Ribbed Cuff and ankle length were chosen

Cast on 54(60) stitches and follow the cuff instructions of your choice:

Picot Cuff:

Divide stitches evenly between 3 double-pointed needles. Join into round, being careful not to twist.

- Knit 4 rounds
- Picot turning ridge: (yo, k2tog) around row.
- Knit 5 rounds

• Fold hem facing along the picot turning ridge to the inside of the sock. The wrong sides of the hem facing and hem are together, and the cast-on edge is directly behind the stitches on the needle. Knit the hem together as follows:

1. Insert the tip of the left needle into the first stitch of the cast-on edge. Knit this stitch together with first stitch on needle by slip cast-on edge stitch onto needle, working a k2tog with these two stitches.
2. Repeat around entire row until all stitches have been knit together with all loops from cast-on row.

Ribbed Cuff:

Divide stitches evenly between 3 double-pointed needles. Join into round, being careful not to twist.

- Work k1p1 ribbing for 3 rounds
- Knit 1 round
- Work k1p1 ribbing for 3 rounds

Leg:

- Pattern Row 1: Knit
- Pattern Row 2: K1, p1 around
- **Long version:** Repeat these two rows for 4", or desired length of sock.
- **Anklet version:** Work leg pattern for 2 more repeats, or 6 rounds total.
- **Both versions:** Work Pattern Row 1 once more.

Heel Flap:

- Work 27(31) stitches in Pattern Row 1. Slip these stitches onto scrap yarn or stitch holder to save for instep. Continue to end of row, working remaining 27(29) stitches in pattern. These 27(29) stitches are the heel stitches.
- Turn and purl across heel stitches.
- Turn and work heel as follows:
 - Heel Row 1: Slip 1 purlwise, (k1, p1) to 2 stitches, k2. Turn.
 - Heel Row 2: Slip 1 purlwise, purl across row.
 - Repeat these two rows 12(14) more times, until 26(30) total heel flap rows have been worked, with 13(15) total slipped stitches along side of flap.

Turn Heel:

- K 15(16), ssk, k1, turn
- Slip 1 purlwise, p4, p2tog, p1, turn.
- Slip 1 purlwise, knit to 1 stitch before gap, ssk (slipping the stitches from either side of the gap and knitting them together), k1, turn.



- Slip 1 purlwise, purl to 1 stitch before gap, p2tog (using 1 stitch from either side of gap), p1, turn.
- Repeat these last 2 rows until all heel stitches outside the gaps have been worked. (For smaller size, you will end your last 2 rows with no extra stitches after the decreases.) 15(17) stitches remain.

Gusset:

- Knit across 15(17) heel stitches; using the same needle (Needle 1), pick up and knit 13(15) stitches along side of heel flap.
- With a new needle (Needle 2), knit across 27(31) instep stitches from scrap yarn or stitch holder.
- With a new needle (Needle 3), pick up and knit 13(15) stitches along heel flap, then knit 7(8) heel stitches from Needle 1.
- Needle 1 now has 21(24) stitches; Needle 2 has 27(31) stitches, Needle 3 has 20(23) stitches.
- Round now begins at center back heel.
- Gusset Row 1: Needle 1: knit to last 3 stitches on Needle 1, k2tog, k1; Needle 2: work in stitch pattern (k1, p1) to last stitch, k1; Needle 3: k1, ssk, knit to end of needle.
- Gusset Row 2: Knit.
- Repeat these two Gusset Rows until you are left with 14(16) stitches on Needle 1, 27(31) stitches on Needle 2, and 13(15) stitches on Needle 3, ending after Gusset Row 1 has been worked.

Foot:

- Foot Row 1: Knit
- Foot Row 2: Needle 1: Knit all stitches; Needle 2: work in stitch pattern (k1, p1) to last stitch, k1; Needle 3: Knit
- Repeat these 2 rows until foot measures 7"(7.25") from back of heel, ending after Foot Row 1 has been worked.

Toe Decreases:

- Toe Row 1: Needle 1: Knit to last 4 stitches, k2tog, k2; Needle 2: k2, ssk, knit to last 4 stitches, k2tog, k2; Needle 3: k2, ssk, knit to end
- Toe Row 2: Knit



- Repeat these 2 rows until you have 9 stitches on Needle 1, 17 stitches on Needle 2, and 8 stitches on Needle 3.
- Work Toe Row 1 only until you have 5 stitches on Needle 1, 9 stitches on Needle 2, and 4 stitches on Needle 3.
- Using Needle 3, knit across Needle 1 so that the remaining stitches are evenly distributed between 2 needles.
- Cut yarn, leaving a 10" tail. Thread tail through tapestry needle. Using tapestry needle, graft stitches from the 2 needles together using kitchener stitch.
- Weave in ends.
- Enjoy!



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