



## RACE FOR LIFE 2009- EASY CAP

**Using 5 mm circular needle, Cast on 80 (90) stitches.** Place marker and join into round making sure stitches (sts) are not twisted on the needle.

Work Lacey Edge as follows:

Rnd 1: \* K1, YO, K3, SK2P, K3, YO, rep from\* across

Rnd 2: K

Rep rnds 1&2, 3x total.

Next K every round until cap measures approx. 4 1/2" in length and then begin crown shaping. Change to DPN's or add another circular needle when sts no longer stretch comfortably around 1 needle. (If desired, hat may be knit max another inch without increasing yarn requirements.

Dec rnd 1: \* K2tog, K12 (K11), SSK, rep from\* across

Next, K 2 rnds without decreasing

Rnd 4: \* K2tog, K10 (K9), SSK, rep from\*

Continue to dec every 3<sup>rd</sup> round as above working 2 less sts each dec round until the round where there are

**Yarn:** 1x 50 gm (100m) Debonnaire Soft Spun baby alpaca/extra fine merino yarn. Pictured demure (beige) and glee colour ways.

**Needles:** 2x 5mm 40cm circular needles or DPNs

**Gauge:**  
5 sts/6 rows = 1" in St st

**Size:** XS/SM- fits head circumference to 20".  
M/L- heads over 20"-  
directions in ( ).  
Length as pictured is approx. 7"

**Note:** See below for hints for working with 2 circular needles.



2, (1) sts between the decreases. K 2 rounds, then K2tog across for 2 rounds (= 5 sts)

Cut yarn and draw through remaining sts. Weave loose ends on top and cast on edge through back purl bumps. Wet block hat gently, pin out and allow to dry.

#### NOTES

Working on 2 circular needles- Cast on specified sts loosely using needle 1. Transfer ½ of these sts purlwise to 2nd circular needle. Slide sts to other end of needle. Sts should now be arranged so that yarn is on back needle coming from the right side of work between the 2 needles. Push needle 1 sts to the tip. Make sure sts are not twisted when joining round. (To join round, either swap first sts on each needle or just start knitting). Bring free end of the same needle to front and right hand and work across sts. Rotate work so sts on needle 2 are facing you. Slide needle 1 sts to cable and then work across sts on needle 2 as before. A round is completed when sts on both needles are worked.

Each needle knits its own sts; be sure to start new side with other end of the same needle. The first few rows can be fiddly, but persevere and the sts will stop trying to flop around the needle after just a few rounds. This method is particularly useful when working the top of hats where there are too few sts to stretch comfortably around 1 needle- slip ½ of total sts remaining purlwise to another circular and continue to decrease for crown shaping.

#### ABBREVIATIONS

CO	cast on
K	knit
P	purl
Beg	beginning
Rem	remaining
Rep	repeat
Rnd	round(s)
Dec	decrease
Inc	increase



PSSO	pass slipped st(s) over
Sl	slip
St	stitch (es)
St st	stockinet st- in rows= K RS rows, P WS rows, in rounds= K every round
K2tog	knit 2 sts together= right slant dec
PSSO	pass slipped st over
SSK	slip next 2 sts knitwise to right needle. Put tip of left needle in front of these 2 sts and K tog= left slant dec
SK2P	sl next st knitwise, K 2tog, pssso = dec 2 sts
YO	yarn over needle= inc 1 st

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