



# Lucky Sister

By Charissa Clark Howe

**Skill Level:** Advanced beginner

Cables

Kitschner Stitch

**Materials:** 2 balls Cervinia Calzetteria (70% wool, 30%  
poly: 162 yds/ball)

Size US3/3.25mm DPN's or circulars- to each his  
own

Yarn needle, stitch markers, needle guage, cable  
needle

**Guage:** 4"= 22stitches in stockinette stitch

**Cuff:**

CO 56 st evenly

Work 2x2 rib for 1 1/4"

**Ankle:**

Rnds 1-5: work k6p2 rib

Rnd 6: \*c6b, p2\* around

Rnds 7-11: work k6p2 rib

Rnd 12: \*c6f, p2\* around

Repeat cable pattern 3-5 times until desired length, ending with a row 12.

Work additional 6 rounds of k6p2 rib.

**Heel Flap:**

Row 1: s11, k1 p2, \*k2, p2\* repeat between \* 6 times, TURN

Row 2: s11, p1, k2, \*p2, k2\* repeat between \* 6 times

Repeat Rows 1 & 2 until heel flap measures 3 1/2" or desired length, ending after a row 2.

**Turn Heel:**

Row 1: k18, TURN (10 st left unworked)

Row 2: p8, TURN (10 st left unworked on either side of center 8 sts)

Row 3: s11, k until 1 st remains before turning gap, k2tog (over gap from turning), k1, TURN

Row 4: s11, p until 1 st remains before turning gap, p2tog (over gap from turning), p1, TURN

Repeat rows 3 & 4 until all heel flap sts have been worked, ending after a Row 4.

**Pick up stitches for heel gusset:**

Pick up slipped stitches along side of heel flap and turn.

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K1, p1 across picked up sts and heel sts.  
Pick up slipped sts on second side of heel flap, continuing k1p1 rib.  
Work k2p2 rib along top of foot.

**Gusset decreases:**

Round 1: (begins at picked up sts on first side of heel flap-be sure to mark the beginning of your round.) k1, ssk, continue in k1p1 rib until 3 heel sts remain unworked, k2tog, k1, continue k2p2 rib across top of foot

Round 2: work k1p1 rib around heel, k2p2 rib across top of foot

Repeat rounds 1 & 2 until original 56 sts remain.

**Foot:**

Continue rib patterns until foot measures 5 ½” from corner of heel.

Work st st until sock foot measures 8” from corner of heel (to change size, work until foot is 1 ½” shorter than desired foot length.)

**Toe:**

Round 1: k1, ssk, k until 3 heel sts remain, k2tog, k2, ssk, k until 3 sts remain in round, k2tog, k1

Round 2: K around

Repeat rounds 1 & 2 until 24 sts remain

Close toe using Kitchner Stitch

**Abbreviations**

CO.....cast on

St.....stitch(es)

k.....knit

p.....purl

c6b.....slide next 3 sts to cable needle and hold in back, k next 3 st, k3 st from cable needle

c6f.....slide next 3 sts to cable needle and hold in front, k next 3 st, k3 sts from cable needle

sl.....slip

k2tog.....knit 2 together

p2tog.....purl 2 together

ssk.....sl1,sl1, inserting left needle knitwise into sts, knit the 2 sts together